

PRIMARY MENU



£2.25

Our weekly menus are served on a rotating four week basis please see below for dates when each menu is served.

Dear Parents/Guardians

Welcome to our spring menu which has been created from the top 20 meals voted for by the whole school following a recent survey. We hope all year groups will enjoy the menu over the coming months. This menu will run until 26th October 2018. All dates can be seen at the bottom of each week of the menu and at a quick glance on the right hand side of this page.

Catering staff in our kitchen have a list of allergen information to accompany this 4 week menu. All allergy requirements can be discussed with Vale Catering Services who will put together a specialist dietary menu to allow everyone to enjoy a healthy school meal. There is even a carbohydrate count of the menu for our diabetic diners.

Did we tell you we have a 5 star rating in our School Kitchen ☺



Yours sincerely

School Council, Evenlode Primary School

Carole Tyley

Catering Manager, Vale Catering Services

Week One Week commencing... 16.4.18, 14.5.18, 18.6.18, 16.7.18, 24.9.18, 22.10.18

Week Two Week commencing... 23.4.18, 21.5.18, 25.6.18, 3.9.18, 1.10.18

Week Three Week commencing... 30.4.18, 4.6.18, 2.7.18, 10.9.18, 8.10.18

Week Four Week commencing... 7.5.18, 11.6.18, 9.7.18, 17.9.18, 15.10.18



For illustration purpose only

Baguettes and Jacket Potatoes are served as an alternative to the main meal; please check your school for details.

Vale Catering Services reserve the right to change products subject to availability.

Vale Catering Services
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Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Tikka Masala served with Rice, Naan Bread & Seasonal Vegetables	Roast Gammon with Chipped Potatoes & Peas or Baked Beans	Reduced Fat Sausages served with Yorkshire Pudding, Mashed Potatoes, Seasonal Vegetables & Gravy	Tomato & Basil Pasta Bake served with Garlic Bread & Fresh Seasonal Salad	Fish Fingers served with Chipped Potatoes, Baked Beans & Fresh Seasonal Salad
Fresh Fruit or American Pancake & Golden Syrup with Fruit Slices	Fresh Fruit or Homemade Flapjack & Fruit Slices	Fresh Fruit	Fresh Fruit or Homemade Chocolate Cake & Custard Sauce	Fresh Fruit or Homemade Vanilla Sponge & Custard Sauce

W/B 16.4.18, 14.5.18, 18.6.18, 16.7.18, 24.9.18, 22.10.18

WEEK 1

Monday	Tuesday	Wednesday	Thursday	Friday
Baked Salmon Crunchies or Birds Eye Fish Fingers served with Potato Smiles & Baked Beans or Peas	Chicken Korma served with Rice & Naan Bread & Salad Bar	Homemade Cheese Wheel served with Chipped Potatoes & Baked Beans or Salad Bar	Reduced Fat Sausages served with Mashed Potatoes & Peas in a Rich Gravy Sauce	Tomato & Basil Pasta served with Salad & Garlic Bread
Fresh Fruit or American Pancake & Golden Syrup with Fruit Slices	Fresh Fruit or Homemade Muffin & Custard Sauce	Fresh Fruit or Strawberry Mousse with Shortbread	Fresh Fruit or Homemade Chocolate Crunch & Chocolate Sauce	Fresh Fruit or Ice Cream & Fruit Slices

W/B 23.4.18, 21.5.18, 25.6.18, 3.9.18, 1.10.18

WEEK 2

Monday	Tuesday	Wednesday	Thursday	Friday
Jacket Potato served with Cheese & Beans or Tuna Mayonnaise & Salad Bar	Wholemeal Pizza served with Chipped Potatoes & Salad Bar	Selection of Filled Baguettes served with Potato Smiles & Salad Bar	All Day Breakfast including, Sausages, Bacon, Egg & Baked Beans or Tomatoes & Hash Brown	Homemade Pasta Bolognese served with Wholemeal Garlic Bread & Salad Bar
Fresh Fruit or Homemade Shortbread Fingers & Fruit Slices	Fresh Fruit or Homemade Chocolate Crunch & Chocolate Sauce	Fresh Fruit or Homemade Oat Cookie & Fruit Slices	Fresh Fruit	Fresh Fruit or Homemade Chocolate Sponge

W/B 30.4.18, 4.6.18, 2.7.18, 10.9.18, 8.10.18

WEEK 3

Monday	Tuesday	Wednesday	Thursday	Friday
Birds Eye Fish Fingers or Salmon Crunchies served with Potato Smiles, Peas or Baked Beans	Pork Meatballs in a Rich Gravy Sauce served with Pasta & Broccoli	Hot Dogs served with Jacket Wedges. Baked Beans & Salad Bar	BBQ Chicken Breast Fillet served with Savoury Rice, Carrots & Green Beans	Selection of Filled Baguettes served with Potato Smiles & Salad Bar
Fresh Fruit or Luxury Chocolate Cake & Custard Sauce	Fresh Fruit or Homemade Oat Cookie & Fruit Slices	Fresh Fruit or Homemade Ginger Cake with Vanilla Sauce	Fresh Fruit	Fresh Fruit or Homemade Shortbread Fingers

W/B 7.5.18, 11.6.18, 9.7.18, 17.9.18, 15.10.18

WEEK 4

**On a trial basis with effect from 25.4.18 there will be a Sub roll and salad option.
Filling - Cheese or Tuna or Ham.**